

Curriculum Vita

Amanda C. La Guardia¹

*School of Human Services
University of Cincinnati*

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Education

- Ph.D.** **Old Dominion University** *Norfolk, VA* December 2009
Counselor Education and Supervision [CACREP]
Double Cognate: Research Methodologies & Women's Studies
Dissertation: *Female perspectives on professional identity and success in the counseling field [mixed methods study]*
- M.A.** **East Tennessee State University** *Johnson City, TN* May 2006
Counseling
Concentrations in Marriage and Family Therapy & Community Agency [CACREP]
Thesis: *Father absence and early family composition as a predictor of menorrhoeal onset: Psychosocial and familial factors that are associated with pubertal timing*
- B.S.** **East Tennessee State University** *Johnson City, TN* Fall 2002
Majors: Biology and Psychology
Minor: Criminal Justice
- Lancaster University** *Lancaster, England* 1999-2000
Foreign Exchange
- University of Pittsburgh** *Pittsburgh, PA* 1998-1999
Sigma Alpha Tau Secretary 1999

Licensure/Certifications

- Licensed Professional Clinical Counselor Supervisor October 2016 – Present
State of Ohio # E.1600038
- Licensed Professional Counselor & Mental Health Service Provider August 2008 – 2012
State of Tennessee #2354
- Licensed Professional Counselor December 2010 – Present
State of Texas #67303
- National Certified Counselor #245239 August 2008 – Present
- Graduate Teaching Certificate in Women's Studies December 2009

Publications

Refereed National/International Journal Articles (29)

- La Guardia, A. C.**, Cramer, R.J., Bryson, C. N.*, & Emelianchik-Key, K. (in press). Evaluation of personal traits and the interpersonal theory of suicide in relation to non-suicidal self-injurious behaviors. *Journal of College Counseling*.
- La Guardia, A. C.**, & Korcuska, J. S. (in press). Editorial: Counselor education and supervision responds to trends in scholarship. *Counselor Education and Supervision*.
- Liu, V.*, & **La Guardia, A. C.** (in press). Initial outcomes measurement of collaborative therapy approach in counseling with adult clients: A single-case research design. *Counseling Outcome Research and Evaluation*.
- La Guardia, A. C.**, Cramer, R.J., Brubaker, M., & Long, M.M. (2018, online, in press). Community mental health provider responses to a competency-based training in suicide risk assessment and prevention. *Community Mental Health*. doi: 10.1007/s10597-018-0314-0
- Richardson, G. B., **La Guardia, A. C.**, & Klay, P. C.* (2018, online, in press). Determining the role of father absence and age at menarche in female psychosocial acceleration. *Evolution and Human Behavior*.
- Williams, S. L.*, & Bruhn, R. A., Onwuegbuzie, A. J., & **La Guardia, A.** (2018a). Poetic representation: Part I. Voices of conservative Christian mothers of lesbian children. *International Journal of Multiple Research Approaches*, 10(1). <http://ijmra.org/inaugural-special-issue/>
- Williams, S. L.*, & Bruhn, R. A., Onwuegbuzie, A. J., & **La Guardia, A.** (2018b). Poetic representation: Part II. Voices of conservative Christian mothers of lesbian children. *International Journal of Multiple Research Approaches*, 10(1). <http://ijmra.org/inaugural-special-issue/>
- Hearn, B.*, Brubaker, M., & **La Guardia, A.** (2017). Inappropriate comparisons: The LGB population's missing reference group. *LGBT Issues in Counseling*, 11(4), 247-258. doi: 10.1080/15538605.2017.1380550
- Cramer, R. J., **La Guardia, A. C.**, Bryson, C. N.*, & Morgan, K.* (2017). The intersection of non-suicidal self-injury and suicide-related behavior: Patterns of elevated risk and implications for college mental health. *Journal of American College Health*, 65(6), 363-371. doi: 10.1080/07448481.2017.1312416
- La Guardia, A. C.**, & Nelson, J. (2017). Interview with an Adlerian family therapist: Reflections on family therapy theories and mentors. *Journal of Family Theory and Review*, 9, 391-402. doi: 10.1111/jftr.12200
- McLean, L. L.*, **La Guardia, A. C.**, Nelson, J. A., & Watts, R. E. (2016). Incorporating Adlerian and feminist theory to address self-objectification in couple therapy. *The Family Journal*, 24(4). doi: 10.1177/1066480716663500
- Cramer, R.J., Johnson, J.C., Crosby, J.W., Henderson, C.E., **La Guardia, A.**, & Stroud, C.H.* (2016). Personality and coping styles: An integrated understanding of mental health among lesbian, gay, and bisexual individuals. *Personality and Individual Differences*, 96, 272-278. doi: 10.1016/j.paid.2015.10.025
- McLean, L. L.*, & **La Guardia, A. C.** (2016). Perceptions of being a woman and strategies for women's body image resilience. *The Qualitative Report*, 21(6), 1118-1131. Retrieved from <http://nsuworks.nova.edu/tqr/vol21/iss6/8/>
- Emelianchik-Key, K., Byrd, R. J. & **La Guardia, A. C.** (2016). Adolescent non-suicidal self-injury: Demographic analysis of Youth Risk Behavior Survey (YRBS) trends. *The Professional Counselor*, 6(1), 61-75. doi: 10.15241/kk.6.1.61
- Stroud, C.H.*, Cramer, R. J., **La Guardia, A. C.**, Crosby, J. W., & Henderson, C. E. (2015). Personality, spirituality, suicide and self-injury proneness among lesbian, gay, and bisexual adults. *Mental Health, Religion, and Culture*, 18(9), 777-788. doi:10.1080/13674676.2015.1096240
- La Guardia, A. C.**, Nelson, J. A., & Lertora, I. M.* (2014). The impact of father absence on daughter sexual development and behaviors: Implications for professional counselors. *The Family Journal*, 22(3), 339-346. doi: 10.1177/1066480714529887
- La Guardia, A. C.**, & Watts, R. E., & Garza, Y. (2013). A framework for applying reflecting 'as if' with non-suicidal self-injurious clients. *Journal of Individual Psychology*, 69(2).
- Routledge, C., **La Guardia, A. C.**, & Bluestein, D. (2013). Predictors of self-efficacy for sleep in primary care. *Journal of Clinical Nursing*, 22(9-10). doi: 10.1111/jocn.12005
- La Guardia, A. C.**, & Banner, A. T. (2012). The goal of reunification: An Adlerian approach to working for therapeutic change within the foster care system. *The Family Journal*, 20(4), 361-368. doi: 10.1177/0123456789123456
- Healey, A. C.**, & Hays, D. G. (2012). A discriminant analysis of gender and counselor professional identity development. *Journal of Counseling and Development*, 90(1), 55-62. doi: 10.1111/j.1556-6676.2012.00008.x
- Healey, A. C.**, Bluestein, D., & Rutledge, C. (2011). Validation of the Insomnia Treatment Acceptability Scale (ITAS). *Journal of Clinical Psychology in Medical Settings*, 18(3), 235-242. doi: 10.1007/s10880-011-9257-0
- Bluestein, D., **Healey, A. C.**, & Rutledge, C. (2011). Acceptability of behavioral treatments for insomnia in primary care. *Journal of the American Board of Family Medicine*, 24(3), 272-280. www.jabfm.org
- Healey, A. C.**, & Craigen, L. M. (2010). An Adlerian-feminist model for self-injury treatment: A holistic approach. *Journal of Individual Psychology*, 66(4), 366-383.

- Healey, A. C.**, Trepal, H., & Emelianchik-Key, K. (2010). Nonsuicidal self-injury: Examining the relationship between diagnosis and gender. Invited Article for the *Journal of Mental Health Counseling*, 32(4), 324-341.
- Craigien, L. M., **Healey, A. C.**, Walley, C., Byrd, R. J., & Schuster, J. (2010). Assessment and self-injury: Implications for counselors. *Measurement and Evaluation in Counseling and Development*, 43(1). doi: 10.1177/0748175610362237
- Bluestein, D., Rutledge, C., & **Healey, A. C.** (2010). Psychosocial correlates of insomnia severity in primary care. *Journal of the American Board of Family Medicine*, 23(2), 204-211. doi: 10.3122/jabfm.2010.02.090179
- Hays, D. G., Craigien, L., Harris, J., **Healey, A. C.**, & Sikes, A. (2009). Duty to warn and protect against self-destructive behaviors and interpersonal violence. *Journal of School Counseling*, 7(11). <http://www.eric.ed.gov/PDFS/EJ886123.pdf>
- Craigien, L. M., Sikes, A., **Healey, A. C.**, & Hays, D. G. (2009). School counselors' role in dating violence intervention. *Journal of School Counseling*, 7(18). <http://www.eric.ed.gov/PDFS/EJ886131.pdf>
- Bitter, J. R., Robertson, P. E., **Healey, A. C.**, & Cole, L. J. (2009). Reclaiming a pro-feminist orientation in Adlerian therapy. *Journal of Individual Psychology*, 65(1), 13-33.
<http://search.ebscohost.com.proxy.lib.odu.edu/login.aspx?direct=true&db=pbh&AN=42098113&site=ehost>

State/Regional Peer-Reviewed Journals (4)

- Liang, Y. W.*, **La Guardia, A.**, Furgerson, K. & Boswell, J. (2017). Wellness of immigrant Chinese and Taiwanese wives in the United States. *Counseling & Wellness Journal*, 6, 1-35. <http://openknowledge.nau.edu/3010/>
- Deng, F., Liang, Y. W.*, **La Guardia, A.**, & Sun, H. (2016). Cancer support program to Chinese immigrant breast cancer survivors. *Professional Issues in Counseling*, 1-31. Retrieved from <http://www.shsu.edu/academics/counselor-education/piic/journals/winter-2016/>
- Stark, M. D., **La Guardia, A. C.**, & Trepal, H. (2014). Continuing education needs in supervision. *Journal of Professional Counseling: Practice, Theory, and Research*, 41(1).
- Healey, A. C.**, & Hays, D. G. (2011). Defining counseling professional identity from a gendered perspective: Role conflict and development. *Professional Issues in Counseling Journal*, Spring.
<http://www.shsu.edu/~piic/DefiningCounselingProfessionalIdentityfromaGenderedPerspective.htm>

Manuscripts in Review/Revision (3/1)

- Blount, T., & **La Guardia, A. C.** (in review). A phenomenology inquiry of African American women sustained recovery experiences. *Journal of Addictions & Offender Counseling*, R&R submitted October 10, 2018.
- Mclean, L. L.*, **La Guardia, A.**, Watts, R. E., Nelson, J. (in review). Female outlook of body shame, sexual, relational, and life satisfaction: A predictive model. *The Professional Counselor*. Submitted June 20, 2018.
- Cramer, R. J., Braitman, A., Bryson, C. N.*, Long, M., & **La Guardia, A. C.** (in review). The Brief COPE: Factor structure and associations with self- and other-directed aggression among emerging adults. *Evaluation and the Health Professions*, R&R submitted June 14.
- La Guardia, A. C.**, & Cramer, R. (in revision). The Professional Orientation and Development Scale (PODS): Initial development and validation study. Intended for the *Journal of Counseling & Development*.

Books

- Emelianchik-Key, K. & **La Guardia, A. C.** (accepted, in progress). Self-directed violence: Assessment, treatment, and interventions with diverse populations throughout the lifespan. *Routledge*. [Publication: Spring 2019]

Book Chapters (4) and Contributions (8)

- La Guardia, A. C.** (in press). Review of the Myers-Briggs Type Indicator (MBTI). In D. Hays & C. Wood (Eds.), *A counselor's guide to career assessment instruments* (7th ed.). Alexandria, VA: National Career Development Association.
- La Guardia, A. C.** (2016). Gender roles. In J. Carlson and S. Dermer (Eds.), *The SAGE encyclopedia of marriage, family, and couples counseling* (pp. 724-726). Thousand Oaks, CA: SAGE.
- La Guardia, A. C.** (2016). Foster care. In J. Carlson and S. Dermer (Eds.), *The SAGE encyclopedia of marriage, family, and couples counseling* (pp. 686-689). Thousand Oaks, CA: SAGE.
- Byrd, R. J., **La Guardia, A. C.**, & Emelianchik-Key, K. (2013). Professional expectations and partnership: Perspectives from the beginning, middle, and end. Chapter in Seto, A. and Bruce, M.A. (Eds.), *Women's retreat: Sharing voices of female faculty in higher education* (pp. 77-93). Lanham, MD: University Press of America.
- La Guardia, A. C.** (2013). Review of the Myers-Briggs Type Indicator (MBTI). In D. Hays & C. Wood (Eds.), *A counselor's guide to career assessment instruments* (6th ed., pp. 384-389). Alexandria, VA: National Career Development Association.
- La Guardia, A. C.**, & Banner, A. T. (2013). Feminist counseling theory. In B. Irby, G.H. Brown, & R. Lara-Alecio (Eds.), *Handbook of educational theories for theoretical frameworks* (pp. 529-540). Information Age Publishing, Inc.
- Watts, R. E., & **La Guardia, A. C.** (2013). Publication and citation. In D.H. Levitt & H.J. Hartwig-Moorehead, *Values and ethics in counseling: Real-life ethical decision-making* (pp. 189-193). New York, NY: Routledge.
- La Guardia, A. C.** (2013). Treating non-suicidal self-injury. In C. Jackson-Cherry & B. Erford, *Crisis assessment, intervention, and prevention* (2nd ed., pp. 98). Upper Saddle River, NJ: Prentice Hall.

- La Guardia, A. C.** (2013). Considering client contextual factors in assessment. In C. Jackson-Cherry & B. Erford, *Crisis assessment, intervention, and prevention* (2nd ed). Upper Saddle River, NJ: Prentice Hall.
- Hays, D. G., Craigen, L. M., Knight, J., **Healey, A. C.**, & Sikes, A. (2010). Duty to warn and protect against self-destructive behaviors and interpersonal violence. In M. A. Hermann, T. P. Remley, Jr., & W. C. Huey, *Ethical and legal issues in school counseling* (3rd ed., pp. 193-210). Alexandria, VA: American School Counselor Association.
- Craigen, L. M., Sikes, A., **Healey, A. C.**, & Hays, D. G. (2010). School counselors' role in dating violence intervention. In M. A. Hermann, T. P. Remley, Jr., & W. C. Huey, *Ethical and legal issues in school counseling* (3rd ed., pp. 274-288). Alexandria, VA: American School Counselor Association.
- Healey, A. C.** (2010). Personal story: Finding a purpose in the work I do. In G. Corey, *Creating your professional path: Lessons from my journey*, Alexandria, VA: ACA.

Other Publications (9)

- Healey, A. C.** (2011). Erratum: Assessment and self-injury: Implications for counselors. *Measurement and Evaluation in Counseling and Development*, 45(1), 64. doi: 10.1177/0748175611427245
- Bluestein, D., **Healey, A. C.**, & Rutledge, C. (2011). Sleep and the family doctor: Time to lead. *Journal of the American Board of Family Medicine*, 24(4). doi: 10.3122/jabfm.2011.04.110108
- Healey, A. C.** (2011). Book Review: Still a family: A guide to good parenting through divorce. *The Family Journal*, 19(1).
- Emelianchik-Key, K. & **Healey, A. C.** (2010). Chapter Summaries. *The Exemplar*, 25(2), 6/12.
- Healey, A. C.** (2009). Movie review: Ordinary people. *The Chi Sigma Iota Counselor's Bookshelf*.
- Healey, A. C.** (2009). Book review: Marriage and cohabitation. *The Family Journal*, 17(4), 374.
- Healey, A. C.** (2008). Book review: Coming out and disclosures: LGBT persons across the lifespan. *The Family Journal*, 16(4), 400-401.
- Healey, A. C.** (Spring, 2008). Advocacy and supervision in working with children in foster care. *SACES Newsletter*, 4(1).
- Healey, A. C.** (Fall, 2007). Self-injury as a supervisory concern. *ACES Newsletter: Spectrum*, 68(1).

Publications in Development

- Bluth, S.*, & La Guardia, A. C. (in progress). Breaking the culture of silence in the sisterhood: Using bystander intervention. Intended for the *Journal of College Counseling*.
- Sullivan, J., **La Guardia, A. C.**, & Nelson, J. (in progress). Counselors-in-training: Evaluation of professional identity development and self-efficacy in a university clinic. Intended for *Counselor Education and Supervision*.
- La Guardia, A. C.** (completed). *Counseling techniques: A guide for the integrationist*. [Book & Video Series]. Seeking Publisher.

Editorial Experience

2016 – Present	Assistant Editor, <i>Counselor Education and Supervision</i>
2013 – Present	Editorial Review Board, <i>Journal of Counseling and Development</i>
2016 – Present	Editorial Review Board, <i>Journal of Aggression, Conflict, and Peace</i>
2010 – Present	Editorial Review Board, <i>Counseling Outcome Research and Evaluation Journal</i>
2011 – 2015	Executive Editor, <i>Guidelines Newsletter</i> , Texas Counseling Association
2016 – Present	Editorial Review Board, <i>Journal of Counselor Leadership and Advocacy</i>
2012 – Present	Editorial Review Board, <i>Measurement and Evaluation in Counseling and Development</i>
2010 – 2013	Editorial Review Board, <i>Counselor Education and Supervision Journal</i>
2011 – 2014	Associate Editor for Quantitative Research, <i>Counseling and Values Journal</i>
2010 – 2013	Editorial Review Board, <i>Journal of Professional Counseling: Practice, Theory and Research</i>
2010 – 2013	Ad-hoc Editorial Review Board, <i>International Journal of Psychology and Counseling</i>
2010 – 2012	Editor, <i>Advocacy Chronicles Newsletter – Texas Association of Counselor for Social Justice</i>
2009 – 2012	Editor, <i>NewsNotes</i> , AACE News Notes quarterly ACA divisional publication
2009 – 2012	Co-Editor, <i>Newsletter – Southern Association for Counselor Education and Supervision</i>
2010 – 2011	Statistical Consultant, <i>Counseling and Values Journal</i>
2009 – 2010	Graduate Student Editor, <i>Newsletter for Southern Region ACES</i>
2008 – 2010	Editorial Assistant, <i>Journal of Counseling Outcome Research and Evaluation</i>
2007 – 2009	Founding Editor, <i>Reflections: Old Dominion Counseling Program Newsletter</i>
2007 – 2009	Founding Editor, <i>Omega Delta Chapter Newsletter</i> , Chi Sigma Iota
2008 – 2011	Paid Reviewer, <i>Cengage Learning: Brooks/Cole Publishing</i>

Grants

- La Guardia, A.** (2018). *Functions and treatment of non-suicidal self-injury in underserved populations: An evaluation of client and counselor experiences*. Association for Assessment and Research in Counseling. [\$3,970]
- Cramer, R. (ODU-PI), **La Guardia, A. (UC-PI)**, Wright-Berryman, J., & Tufts, K. A. (2018). *Testing an interprofessional education suicide prevention program for health professions students*. Ohio Suicide Prevention Foundation. [\$110,000]
- La Guardia, A. C.**, & Gerhart, L.* (2017). *Upsilon Chi Chi speaker series*. Chi Sigma Iota International Chapter Development. [\$500]
- Acquavita, S., Brubaker, M., Harley, D., & **La Guardia, A.** (2017). *The Professionals Ready to Integrate Care (PRI-Care) fellowship program*. Health Resources and Service Administration, BHWET, 4-year funding. [\$1,908,738]
- Brubaker, M., **La Guardia, A. C.**, & Wright-Berryman, J. (2017). *Cultural reset: Teaching foundational cultural lessons in high school settings*. University of Cincinnati Equity and Inclusion Incentive Grant. [\$5,748]
- La Guardia, A. C.** (2016, 2017). *Discipline-based faculty development grant*. College of Education, Criminal Justice, and Human Services. [\$2,500, \$2,400]
- Brubaker, M., & **La Guardia, A. C.** (2016). *Serving At-risk youth Fellowship Experience for Counselors (SAFE-C)*. Health Resources and Services Administration, BHWET. [\$229,166]
- Healey, A. C.** (2009). *Female perspectives of professional identity and success in the counseling field*. CSI Excellence in Counseling Research Grant. [\$500]
- Healey, A. C.** and Carrier, A.T. (2008, October). *Discouragement and the influence of personality type on leadership and mistaken goals as it relates to supervisors and counselors*. Awarded SACES Research Grant. [\$500.00]
- Healey, A. C.** (2008). *NASAP Annual Conference Scholarship and Stipend*. Awarded through the North American Society for Adlerian Psychology, Occupational Development and Teaching, Research & Theory Divisions. [\$450.00]
- Healey, A. C.** (2008, 2009). *Educational Leadership and Counseling Department Professional Development Grant*. Awarded through the College of Education at Old Dominion University. [\$216.00, \$275.00, \$450.00]
- Brown, D. and **Healey, A. C.** (2003, January). *Neuroprotection, nicotine, and schizophrenia: ELISA assay*. East Tennessee State University Biology Department Research Grant. [\$500.00]

Professional Work Experience

- August 2016 – Present **University of Cincinnati** – School of Human Services, Counseling Program, Cincinnati, TX
Assistant Professor, Tenure-Track. Instructor for counselor education courses, mental health counseling program coordinator, assessment coordinator, and co-advisor for UCC chapter of Chi Sigma Iota.
- July 2010 – August 2016 **Sam Houston State University** – Dept. of Educational Leadership and Counseling, Huntsville, TX
Assistant Professor, Tenure-Track. Instructor for counselor education courses, CACREP assessment coordinator.
- February 2012 – May 2015 **Walden University** – School of Counseling, Minneapolis, MN
Contributing Faculty. Clinical Mental Health Counseling. Primarily teach research methods online two terms per year.
- January 2012 – July 2016 **Private Counseling and Consultation Practice** – The Woodlands, TX
Licensed Professional Counselor and Supervisor. Provided counseling services for individuals, couples, and families in the community using sliding scale and insurance reimbursement. Provided consultation services regarding the treatment of non-suicidal adolescent self-injury to local school districts and mental health agencies.
- August 2009 – May 2010 **East Tennessee State University** – Dept. of Human Development and Learning, Johnson City, TN
Temporary Full-Time Faculty. Instructor for master's level counseling courses. Teaching online counseling career theories course for fall of 2009 and 2010, advanced social and cultural online, counseling theories II, and supervising school and community practicum students. Adjunct faculty in fall of 2009, full-time in spring of 2010.
- August 2008 – May 2014 **Tidewater Community College** – Dept. of Social Sciences and Public Services, Virginia Beach, VA
Adjunct Faculty. Department of Social Sciences and Public Services. Department of Student Development. Instructor for undergraduate courses in psychology and student development, teaching approximately 9 credits per semester.
- August 2007 – December 2009 **Old Dominion University** – Dept of Counseling and Human Services, Norfolk, VA
Doctoral Graduate and Teaching Assistant in the Counseling Program. Instructor for undergraduate courses in Human Services and Master's level counseling courses. Assistant to graduate admissions (2007). Supervisor for master's level counseling students. Assistant to the graduate program director (2008-2009). Counseling program newsletter editor (2007-2009). Graduate Assistant Office Manager (2009).
- November 2007 – December 2009 **Eastern Virginia Medical School** – Department of Family Medicine, Norfolk, VA
Part-Time Research Assistant. Work with Dr. Daniel Bluestein concerning his research projects (Insomnia and Dementia treatment). Work includes data collection, data entry, statistical analysis with SPSS, and statistical interpretation for publication. Recruitment activities coordination for two research projects.

January 2006 – August 2007	Camelot Care Centers, Inc. – Kingsport, TN <i>Counselor.</i> Full-time children and youth in-home therapist managing weekly individual therapy with children in foster care, development and implementation of treatment plans, involvement in court permanency proceedings and juvenile justice proceedings, family therapy involving a child and their biological family, group counseling facilitation, A&D counseling and assessment, and adoption counseling when reunification with the biological family is not possible.
December 2004 – March 2006	Woodridge Hospital – Johnson City, TN <i>Expressive Group Therapist.</i> Part-time position for assessment and inpatient services provided to patients upon admission with regard to counseling and group interaction, running therapeutic alcohol and drug groups, art therapy groups, social development groups, as well as recreational groups with children and adults.
February 2003 – January 2006	Frontier Health – Johnson City, TN <i>Intensive Case Manager.</i> Full-time Children and youth intensive case manager seeing families and individuals for counseling weekly, treatment plan development and implementation, and coordination of therapeutic, psychiatric, and educational services. Involved in staff development and training.
December 2002 – February 2003	Wexford House Nursing Home – Kingsport, TN <i>HR Assistant.</i> Full-time Human Resources and Social Work assistant in the development of care plans for patients and development of employee job descriptions. Assisted with organization and implementation of employee trainings.
May – August 1999	Western Psychiatric Institute and Clinic – Pittsburgh, PA <i>Geriatric Assistant.</i> Part-time student position assisting nursing and administrative staff for psychological testing, group counseling, and documentation.

Teaching Experience

Graduate Courses (Masters)

<i>Course Content</i>	<i>Title of Course</i>	<i>Semesters Taught</i>
Orientation and Ethics	COUN 5113 Ethics in Counseling (<i>workshop</i>) COUN 5311 Professional Orientation & Ethics (<i>hybrid</i>) COUN 6334 Ethics in Marriage and Family Counseling (<i>online</i>)	Fall 2014, Spring 2014-2016 Smr 2014 Fall 2014, Spring 2014-2015 Smr 2014-2015 Fall 2007
Counseling Practice and Experience Assessment and Testing	COUN 633 Experiential Growth Group Section CNSL 8034 Advanced Assessment in Counseling COUN 645 Testing and Appraisal in Counseling (<i>Supervised by Drs. Seay & Hays</i>)	Fall 2016, Spring 2018, 2019 Fall 2008, Spring 2009
Internship	COUN 5112 Family Assessment (<i>workshop</i>) COUN 667/8 Internship in Counseling (<i>Supervised by Drs. Hays & Grothaus</i>) COUN 6386 Internship CNSL 8086 Internship	Spring & Smr 2014 Fall 2008 and 2009 Smr 2015 Smr, Fall 2017
Supervision in Counseling Career Development <i>Co-Instructor Fall 2009</i>	CNSL 8040 Theories of Counseling Supervision HDAL 5150 Career Development: Theory, Research and Practice (<i>online</i>)	Fall 2017, 2018 Fall 2009, Spring 2010
Social and Cultural Counseling	HDAL 6563 Advanced Social and Cultural Foundations in Counseling (<i>online</i>)	Spring 2010
Counseling Theories	HDAL 5562 Counseling Theories II COUN 5364 Counseling Theories (<i>hybrid</i>)	Spring 2010-2012, 2015 Fall 2011, 2014, Smr 2014
Practicum (<i>School/Community</i>)	COUN 669 Practicum in Counseling HDAL 5570 Supervised Practicum COUN 6376 Supervised Practicum	Spring 2008 and 2009 Spring 2010 Fall 2010, Spring 2012 & 2014
Counseling Skills & Techniques	COUN 5385 Pre-Practicum Techniques of Counseling CNSL 7021 Techniques in Ecological Counseling	Smr 2010, Fall 2012, Spring 2014 Fall 2016, 2017
Lifespan Development Group	COUN 5397 Human Growth and Development (<i>online</i>) COUN 6374 Practicum in Group Counseling	Smr 2010 & 2011 Fall 2010 & 2012, Spring & Smr 2011-2015
Research Methods	COUN 5379 Research Methods in Counseling	Spring & Smr 2011-2012
Crisis Counseling	COUN 5110 Special Topics in Counseling	Smr & Fall 2011
Child & Adolescent Counseling	CNSL 8014 Counseling Children & Adolescents	Spring 2017
Suicide Prevention	CNSL 4080/7080	Fall 2018

*Student Collaborator

¹ Formerly Amanda C. Healey

Graduate Courses (Doctoral)

<i>Course Content</i>	<i>Course Content</i>	<i>Course Content</i>
Qualitative Research	ECI 890 Qualitative Research Design <i>Co-Instructor</i>	Fall 2008
Program Evaluation	COUN 7372 Qualitative Methodology	Fall 2011
	COUN 835 Research and Program Evaluation in Counseling <i>Co-Instructor</i>	Fall 2009
Univariate Statistics	COUN 7373 Statistical Methods in Counselor Education	Spring 2012 & Fall 2015
Supervision	CNSL 9011 Practicum in Supervision	Spring 2018, 2019
Independent Study	Inventory Development; Counseling with Breast Cancer Survivors; Adolescent Psychopharmacology and Wellness Counseling; Collaborating Language Systems and Common Factors Research; History of Counselor Identity	Spring 2011; Fall 2012; Spring 2015; Fall 2015; Spring-Summer 2018

Undergraduate Courses

<i>Course Content</i>	<i>Title of Course</i>	<i>Semesters Taught</i>
Intro to Family Counseling Practice	HMSV 491 Family Guidance	Fall 2007
Group Process	HMSV 444 Psycho-educational Groups (<i>distance</i>)	Spring 2008, Smr 2008
Child Development	PSY 235 Child Psychology (<i>traditional & online</i>)	Fall 2008-2010, Spring 2009-2011
Career Development	SDV 100 College Success Skills (<i>hybrid</i>)	Spring 2009
	COUN 3322 Intro to Career Counseling (<i>online</i>)	Summer 2015
Forensics	PSY 255 Psychological Aspects of Criminal Behavior	Spring 2009
Program Evaluation	HMSV 440W Program Development and Funding (<i>hybrid</i>)	Fall 2009
Psychology	PSY 201 & 202 Introduction to Psychology (<i>online</i>)	Fall 2009, 2010 & 2011 Summer 2010
Sociology	SOC 120 Introduction to Sociology (<i>online</i>)	Smr & Fall 2010

Invited Guest Instructor

<i>Course Content</i>	<i>Title of Course</i>	<i>(Single Class Presentations)</i> <i>Semesters Taught</i>
Counseling Theory and Practice	COUN 633 Counseling Techniques	Fall 2007
LGBT Issues and Counseling	HMSV 346 Diversity Issues	Spring 2008
Process of Literature Review	COUN 635 Research Methods	Smr 2008
Gender & Women's Issues	COUN 648 Multicultural Counseling	Smr 2008 & 2009/Spring, Fall 2008
Solution-Focused Counseling	HMSV 346 Diversity Issues	Fall 2008
Treatment of Self Injury	COUN 691 Family Systems and Development	Fall 2008
Professional Issues	HMSV 346 Diversity Issues	Smr 2009
Non-Suicidal Self-Injury	COUN 3331 Introduction to Counseling	Fall 2011
	PSYC5334 Suicide Theory, Risk Assessment & Mgmt	Fall 2014
	COUN 3321 Intro to Helping Relationships	Spring 2014

Awards**National, Regional, & State Level**

2018	Exemplary Practice Award: Professional, <i>Association for Assessment and Research in Counseling</i>
2017	Susan J. Sears Counselor of the Year Award, <i>Ohio Counseling Association</i>
2017	Best Practices Research Award, <i>American Counseling Association</i>
2016	Outstanding Counselor Educator, <i>Texas Association for Counselor Education and Supervision</i>
2011	President's Special Merit Award, <i>Southern Association for Counselor Education and Supervision</i>
2010	Outstanding Dissertation Award, <i>Association for Counselor Education and Supervision</i>
2010	'Ohana Award, <i>Counselors for Social Justice</i>

2009	Chi Sigma Iota Outstanding Doctoral Level Student Award
2009	Chi Sigma Iota Fellowship, <i>Chi Sigma Iota International</i> [\$600]
2009	ACA Glen E. Hubele National Graduate Student [\$450]
2009	ACES Outstanding Graduate Student Leadership Award
2009	AMCD Daya & Mrs. Usha K. Sandhu Student Research Award [\$300]
2009 & 2010	AACE Presidential Recognition of Service Award: NewsNotes
2008	ACA Ethics Doctoral Level Case Study Competition, 2 nd place team

University Level

2010	Darden College of Education Outstanding Doctoral Student, <i>Old Dominion University</i>
2009	Omega Delta Research Award, <i>Old Dominion University</i>
2008	Omega Delta Outstanding Doctoral Student, <i>Old Dominion University</i>
2008	Nancy Topping-Bazin Women's Studies Scholarship, <i>Old Dominion University</i> [\$1600]

Grants not Funded

- Cramer, R., **La Guardia, A.**, Wright-Berryman, J., & Tufts, K. A. (not funded). *Testing an interprofessional education suicide prevention program for health professions students*. American Foundation for Suicide Prevention. [\$100,000]
- Cramer, R., **La Guardia, A.**, & Wright-Berryman, J. (not funded). *Design and implementation of an interprofessional education course in suicide prevention*. Spencer Foundation. [\$50,000]
- Cramer, R., **La Guardia, A.**, & Wright-Berryman, J. (not funded). *Design and implementation of an interprofessional education course in suicide prevention*. Shelton Hardaway Short Jr., Trust. [\$50,000]
- Gray, D., Hopkins, R., Wright-Berryman, J., **La Guardia, A.**, Cramer, R. (not funded). *Effectiveness evaluation and program adherence of a peer-to-peer program in Utah: Impact on school climate and youth risk*. Department of Education, Office of Innovation and Improvement, Grant 12387721/U411C170222. [\$3,189,521]
- Cramer, R. J., **La Guardia, A. C.**, Mason, H. (2016). *A health needs assessment for Midland, Texas Independent School District (MISD)*. Helen Greathouse Foundation Grant. [\$75,000]
- La Guardia, A.C.**, & **Ragsdale, H.** (2015). *Phenomenological exploration of women who experience symptoms of narcissistic personality disorder*. SACES Research Grant. [\$500.00]
- Healey, A.C.**, Crockett, S., & Byrd, R. J. (2011). *Validation of the environmental character inventory*. Chi Sigma Iota International. [\$2,000]
- La Guardia, A. C.** (2012). *A mixed methods assessment of adolescent non-suicidal self-injury*. Enhancement Research Grant Submitted October, 2012. [\$15,000]
- Healey, A. C.** (2010). *Practitioner attitudes: Counseling adolescents who self injure*. Enhancement Research Grant Submitted October, 2010. [\$15000]
- Healey, A. C.** (2010). *EMDR basic training for working with trauma survivors*. NEA Foundation Grant Submitted September, 2010. [\$2000]
- Healey, A. C.** and Crockett, S. (2009, March). *Discouragement and the influence of personality type on leadership and mistaken goals as it relates to supervisors and counselors*. ACES Research Grant. (\$2000.00)
- Healey, A. C.**, Byrd, R. and Crockett, S. (2009, March). *Discouragement and the influence of personality type on leadership and mistaken goals as it relates to supervisors and counselors*. CSI Research Grant. (\$500.00)
- Healey, A. C.** (2009, October). *Female perspectives of professional identity and success in the counseling field*. ACES Research Grant. (\$2000)

Presentations and Poster Sessions

National & International Presentations (57)

- Brubaker, M., & **La Guardia, A. C.** (March, 2019). *Working with at-risk youth: Outcomes from an interprofessional training program*. 30-minute research education program presented at the American Counseling Association conference, New Orleans, LA.
- La Guardia, A. C.**, & Emelianchik-Key, K. (September, 2018). *Self-directed violence: Assessment strategies for youth*. 60-minute roundtable at the Association for Assessment and Research in Counseling conference, Richmond, VA.
- La Guardia, A. C.** (September, 2018). *Interprofessional education: Preparing counselors for integrated care*. 60-minute education session presented at the Association for Assessment and Research in Counseling conference, Richmond, VA.

- La Guardia, A. C.** (June, 2018). *Interpersonal theory of suicide and personality traits: Clinical implications for non-suicidal self-injury*. Poster presented at the International Society for the Study of Self-Injury conference, Brussels, Belgium.
- La Guardia, A. C.** (June, 2018). *Trauma informed practice for self-directed violence: Adlerian perspectives*. 60-minutes education session presented at the North American Society for Adlerian Psychology conference, Toronto, Canada.
- La Guardia, A. C.,** Emelianchik-Key, K., Ackerman, A.* (April, 2018). *Adolescent self-directed violence: Prevention and intervention strategies*. 60-minute education session presented at the American Counseling Association conference, Atlanta, GA.
- Cramer, R. J., Long, M. M., **La Guardia, A. C.,** Brubaker, M., Wright-Berryman, J., Hudnall, G. A., Quinnett, P. G., & Anestis, M.D. (April, 2018). *Contemporary public health approaches to suicide prevention education & training: A brief community-based interprofessional education workshop for suicide prevention*, American Association for Suicidology conference, Washington, DC.
- La Guardia, A. C.,** & Brubaker, M. (October, 2017). *Inter-professional identity development and wellness*. Education session presented at the Association for Counselor Education and Supervision conference, Chicago, IL.
- Korcuska, J., & **La Guardia, A. C.** (October, 2017). *Understanding expectations of the peer review process for authors and reviewers*. Education session presented at the Association for Counselor Education and Supervision conference, Chicago, IL.
- La Guardia, A. C.** (September, 2017). *Rapid Cycle Quality Improvement (RCQI): Applications in education*. Content session presented at the Association for Assessment and Research in Counseling, Phoenix, AZ.
- Bryson, C. N.*, Cramer, R. J., Braitman, A. L., & **La Guardia, A. C.** (August, 2017). *The Brief COPE: Factor structure and associations with self- and other-directed aggression*. Poster presented at the annual convention of the American Psychological Association, Washington, DC.
- Emelianchik-Key, K., Byrd, R., & **La Guardia, A. C.** (March, 2017). *Adolescent self-injurious behaviors: Analysis of Youth Risk Behavior Survey trends*. Research Education Session presented at the American Counseling Association Conference, San Francisco, CA.
- La Guardia, A. C.,** Cramer, R. J., Bryson, C. *, & Emelianchik-Key, K. (November, 2016). *Evaluation of personal traits and the interpersonal theory of suicide in relation to non-suicidal self-injurious behaviors*. Poster presented at the American Public Health Conference, Denver, CO.
- Watts, R. E., & **La Guardia, A. C.** (May, 2016). *Adlerian integrationist: Theoretically consistent approaches to technical integration*. Content session presented at the North American Society of Adlerian Psychology annual conference, Minneapolis, MN.
- La Guardia, A. C.** (May, 2016). *Treatment of child and adolescent non-suicidal self-injury*. 90-minute educational demonstration session at the North American Society of Adlerian Psychology annual conference, Minneapolis, MN.
- La Guardia, A. C.** (February, 2016). *Ethical considerations when treating children and adolescents who self-injure*. Content session presented at the annual Law and Ethics and Counseling Conference, New Orleans, LA.
- La Guardia, A. C.** (September, 2015). Social aspects of non-suicidal self-injury: Self-worth and belongingness. Invited NASAP TapTalk, International Conference Call.
- La Guardia, A. C.** (October, 2015). *Teaching technical integration: Clinical applications of theoretical concepts*. Poster presented at the Association for Counselor Education and Supervision conference, Philadelphia, PA.
- La Guardia, A. C.** (September, 2015). *Assessment of professional identity development*. Association for Assessment and Research in Counseling annual research conference, Memphis, TN.
- Emelianchik-Key, K., & **La Guardia, A. C.** (September, 2015). *Simple strategies for the instruction of crisis assessment in practicum and internship*. Association for Assessment and Research in Counseling annual research conference, Memphis, TN.
- La Guardia, A. C.,** & Morgan, K. * (May, 2015). *Conceptualization and treatment of non-suicidal self-injury*. Presented at the North American Society of Adlerian Psychology annual conference, Philadelphia, PA.
- La Guardia, A. C.,** & Bitter, J. R. (May, 2015). *Adlerian group counseling: A wellness approach for work with adolescents and young adults*. Presented at the North American Society of Adlerian Psychology annual conference, Philadelphia, PA.
- La Guardia, A. C.** (March 2014). *Counseling adolescents and families from an Adlerian perspective: Treatment of non-suicidal self-injury*. Online webinar presented for Chi Sigma Iota International.
- La Guardia, A. C.,** Emelianchik-Key, K., & Banner, A. T. (October, 2013). *Theory and practice: Teaching counseling techniques from an integrative perspective*. Presented at the Association for Counselor Education and Supervision conference, Denver, CO.
- La Guardia, A. C.,** Sullivan, J., & Greger, R. * (September, 2013). *Professional identity development: Assessment and application for professional growth*. Presented at the Association for Assessment and Research in Counseling annual research conference, Houston, TX.
- Watts, R. E., & **La Guardia, A. C.** (June, 2013). *Adler: His theory, integration, and use*. Presented at the North American Society for Adlerian Psychology annual conference, San Diego, CA.
- Watts, R. E., Bitter, J. R., Belangee, S., & **La Guardia, A. C.** (June, 2013). *Reflections on Adlerian theory: The Past, present, and future*. Panelist discussion presented at the North American Society for Adlerian Psychology annual conference, San Diego, CA.
- Watts, R. E., **Healey, A. C.,** Sullivan, J., & Akay, S. (May, 2012). *Adler and prevailing counseling theories: Influence and integration*. 120-minute presentation to be given at the North American Society for Adlerian Psychology annual conference in Atlanta, GA.
- Healey, A. C.,** & Watts, R. E. (May, 2012). *Reflecting 'as if': Self injury from an Adlerian perspective*. 90-minute presentation to be given

- at the North American Society for Adlerian Psychology annual conference in Atlanta, GA.
- Healey, A. C., & Byrd, R. J.** (May, 2012). *The environmental character inventory: Assessment of workplace behaviors and burnout*. Roundtable at the North American Society for Adlerian Psychology annual conference in Atlanta, GA.
- Watts, R. E., & **Healey, A. C.** (March, 2012). *Reflecting 'as if': An encouragement-focused brief counseling process*. 90-minute presented at the American Counseling Association annual conference in San Francisco, CA.
- Watts, R. E., & **Healey, A. C.** (March, 2012). *Adlerian brief counseling techniques: Advanced procedures for working with individuals and families*. Preconference Learning Institute presented at the American Counseling Association annual conference in San Francisco, CA.
- Banner, A. T., & **Healey, A. C.** (October, 2011). *Helping counselors-in-training learn to affirm female clients through modeling in counselor education*. Presented at ACES conference in Nashville, TN.
- Healey, A.C.**, Watts, R.E., & Emelianchik-Key, K. (October, 2011). *Becoming a social justice advocate: Developing social interest through Adlerian principles*. Poster presentation presented at ACES conference in Nashville, TN.
- Watts, R.E., & **Healey, A.C.** (October, 2011). *Reflecting As If (RAI): An integrated brief counseling procedure*. Poster presentation presented at ACES conference in Nashville, TN.
- Healey, A. C.** (September, 2011). *Ethical assessment of non-suicidal self injury in community and school settings*. Presented at the Association for Assessment in Counseling and Education (AACE) annual research conference in Fort Worth, TX.
- Healey, A. C., & Serres, S.** (September, 2011). *Professional identity development: Mentoring and assessment*. Presented at the Association for Assessment in Counseling and Education (AACE) annual research conference in Fort Worth, TX.
- Healey, A. C.** (March, 2011). *Research mentoring: Making the transition from student to faculty*. AACE Business Meeting Keynote presented at the ACA conference in New Orleans, LA.
- Healey, A. C.,** Crockett, S., & Byrd, R. (March, 2011). *Developing professional identity to prevent burnout*. CSI sponsored poster presented at the ACA conference in New Orleans, LA.
- Healey, A. C.** (March, 2010). *Women's perspectives on professional identity and success in the counseling field*. CSI sponsored poster presented at ACA conference in Pittsburgh, PA.
- Healey, A. C.** (September, 2010). *Assessment of professional identity development in counseling*. Presented at the Association for Assessment in Counseling and Education annual research conference in Memphis, TN.
- Healey, A. C.** (September, 2010). *Assessment, diagnosis, and treatment of adolescent self-injury*. Presented at the Association for Assessment in Counseling and Education annual research conference in Memphis, TN.
- Healey, A. C. & Byrd, R.** (June, 2010). *Self injury: Assessment and treatment from an Adlerian-feminist framework*. Presented at the North American Society of Adlerian Psychology annual conference, Minneapolis, MN.
- Trepal, H., **Healey, A. C.,** & Emelianchik, K. (March, 2010). *Self-injury: Examining the relationship between diagnosis and gender*. 90-minute presentation given at the ACA conference in Pittsburgh, PA.
- Healey, A. C.** (October, 2009). *The influence of women's perspectives on professional identity and success in the counseling field*. Poster session presented at the ACES conference in San Diego, CA.
- Healey, A. C.,** Byrd, R., Crockett, S., & Emelianchik, K (October, 2009). *Discouraging work environments: Focus on personality and mistaken goals in mental health agencies*. Research roundtable presented at ACES conference in San Diego, CA.
- Christensen, T., **Healey, A. C.,** & Davis, J.W. (October, 2009). *Scopri la culturali ("Cultural Discovery"): A qualitative exploration of counselors studying abroad in Italy*. Research roundtable at ACES conference in San Diego, CA.
- Healey, A. C.,** Byrd, R., & Crockett, S. (September, 2009). *Environmental character inventory: Personality characteristics in a discouraging work environment*. Presented at the AACE annual conference in Norfolk, VA.
- Healey, A. C.** (March, 2009). *Adolescent Issues, conceptualization and treatment interventions*. AACE sponsored poster session presented at the ACA conference in Charlotte, NC.
- Hays, D.G., **Healey, A. C.,** Byrd, R., Emelianchik, K, Sikes, A., & Forman, J. (March, 2009). *Advocacy through assessment: Dating violence and self-injury among adolescent females*. CSJ sponsored presented at the ACA conference in Charlotte, NC.
- Hays, D.G. & **Healey, A. C.** (September, 2008). *A content analysis of intimate partner violence assessments*. Presented at the National Assessment Conference in Dallas, TX.
- Healey, A. C.** (September, 2008). *Conceptualization and treatment of self-injury: A protocol for adolescents*. 3-hour workshop presented at the National Assessment Conference in Dallas, TX.
- Healey, A. C. & Banner, A.T.** (June, 2008). *The influence of personality types on leadership style and use of mistaken goals in the workplace*. Presented at the North American Society of Adlerian Psychology in Hershey, PA.
- Healey, A. C.** (May, 2008). *Coping with self injury: Adolescent issues, conceptualization, and techniques for treatment*. Presented at A Counselor's View of Italy two-week study institute in Reggello, Italy.
- Healey, A. C. & Byrd, R.** (November, 2007). *Understanding self harm: Assessment and prevention*. Presented at Association for Assessment in Counseling and Education conference in Atlanta, GA.

- Remley, T.P., Hermann, M.A., Hauser, M., **Healey, A. C.**, Sikes, A, Smith, B., & Walley, C. (October, 2007). *Limiting the counselor educator's liability as a supervisor of internship students*. Poster presented at ACES in Columbus, OH.
- Bitter, J.R. & **Healey, A. C.** (May, 2007). *Reclaiming a pro-feminist orientation in Adlerian therapy*. Presented at North American Society of Adlerian Psychology annual conference in Vancouver, Canada.

Regional Presentations (13)

- Klay, P. C.*, Dern, M.*, & **La Guardia, A. C.** (November, 2018). *Meeting the needs of foster and adoptive parents through clinical supervision*. 60-minute content session presented at the North Central Association for Counselor Education and Supervision Conference, Cleveland, OH.
- La Guardia, A. C.** (October, 2018). *Assessment of professional orientation and identity development*. 30-minute roundtable presented at the Southern Association for Counselor Education and Supervision conference, Myrtle Beach, SC.
- Brubaker, M., & La Guardia, A. C. (October, 2018). *A case for integrative care in counselor education*. 60-minute content session presented at the Southern Association for Counselor Education and Supervision conference, Myrtle Beach, SC.
- La Guardia, A. C.**, & Brubaker, M. (October, 2016). *Foundation of professional identity: Valuing wellness*. Content session presented at the Southern Association for Counselor Education and Supervision conference, New Orleans, LA.
- La Guardia, A.C.**, & Watts, R. E. (October, 2012). *Teaching counseling techniques from an integrative perspective*. Presented at the Southern Association for Counselor Education and Supervision conference, Savannah, GA.
- Sullivan, J., & **La Guardia, A.C.** (October, 2012). *How do I become a counselor? Issues of professional identity development in supervision*. Presented at the Southern Association for Counselor Education and Supervision conference, Savannah, GA.
- Healey, A. C.**, Byrd, R., & Crockett, S. (October, 2010). *Burnout and assessment of mistaken goals in the workplace*. Poster Session presented at the SACES conference in Williamsburg, PA.
- Healey, A. C.** (October, 2010). *Developing professional identity to prevent burnout: Issues related to culture and gender*. Roundtable presented at the SACES conference in Williamsburg, PA.
- Shannonhouse, L., Myers, J, Nobles, W., Emelianchik, K, & **Healey, A. C.** (October, 2010). *Panel on advocacy and aging*. Roundtable presented at the SACES conference in Williamsburg, PA.
- Healey, A. C.**, Byrd, R., Crockett, S. & Emelianchik, K. (March, 2010). *Self-injury: Assessment and symptomology*. AACE sponsored poster session presented at the ACA conference in Pittsburgh, PA.
- Healey, A. C.** (November, 2008). *Self injury: Conceptualization and treatment*. Poster presented at SACES conference in Houston, TX.
- Hermann, M.A., **Healey, A. C.**, Kelly, B., & Knight, J. (October, 2008). *Gatekeeping: What the literature and the courts tell us*. Presented at the SACES Conference in Houston, TX.
- Hays, D.G., Craigen, L.M., Knight, J., **Healey, A. C.**, Sikes, A., Walley C., Byrd, R., & Emelianchik, K. (October, 2008). *Self destructive behaviors and interpersonal violence: Ethical and legal concerns*. Presented at the Southern Association for Counselor Educators and Supervisors Conference in Houston, TX.

State/Local Presentations (35)

- La Guardia, A. C.** (November, 2018). *Adolescent self-directed violence: Prevention and Intervention Strategies*. 60-minute education session presented at the All-Ohio Counseling Conference in Columbus, OH.
- La Guardia, A. C.** (November, 2017). *Prevention of self-directed violence: Wellness-based approaches for work with youth*. Education session presented at the All-Ohio Counseling Conference in Columbus, OH.
- La Guardia, A. C.** (October, 2017). *Focus on wellness: Professional identity development and burnout in healthcare*. Invited professional presentation at the UC Veterinary School, Blue Ash, OH.
- La Guardia, A. C.** (August, 2017). *Non-suicidal self-injury: Assessment and brief intervention strategies*. Invited presentation a Child Focus, Cincinnati, OH.
- La Guardia, A. C.** (October, 2016). *Conceptualization and assessment of adolescents engaging in non-suicidal self-injury*. 2-hour invited presentations for the Greater Cincinnati Counseling Association, Cincinnati, OH.
- La Guardia, A. C.** (June, 2016). *Suicide-related behaviors and non-suicidal self-injury: Crisis assessment and intervention strategies for school counselors*. 6-hour invited workshop for Klein Independent School District, Spring, TX.
- La Guardia, A. C.** (November, 2015). *Crisis counseling: Assessment and intervention*. Three-hour invited workshop presented for Sheldon and Crosby Independent School Districts, Houston, TX.
- La Guardia, A. C.** (October, 2015). *Understanding non-suicidal self-injury: Information for school counselors*. One-hour invited presentation for Klein Independent School District, Spring, TX.
- La Guardia, A. C.** (August, 2015). *Interventions with students who self-injure: Assessment and brief techniques*. Three-hour invited workshop presented for Crosby Independent School District, Crosby, TX.
- La Guardia, A. C.** (February, 2015). *Brief counseling interventions: Systemic work with parents and children*. Three-hour invited workshop presented for Permian Basin Counseling Association, Midland, TX.

- La Guardia, A. C.** (February, 2015). *Social aspects of non-suicidal self-injury*. Presented for the Midland Independent School District, Odessa, TX.
- La Guardia, A. C.** (November, 2014). *Review of non-suicidal self-injury assessment and intervention processes*. Presented for the Midland Independent School District, Odessa, TX.
- La Guardia, A. C.** (September, 2014). *Prevention and intervention of non-suicidal self-injury in the schools*. Eight-hour training presented for the Midland Independent School District, Odessa, TX.
- La Guardia, A. C.** (August, 2014). *Conceptualization and treatment of child and adolescent non-suicidal self-injury*. Three-hour workshop presented for Rosenberg Independent School District, Rosenberg, TX.
- La Guardia, A. C.** (February, 2014). *Collaborative crisis intervention: Techniques for families and children*. Three-hour invited workshop presented for the Permian Basin Counseling Association, Midland, TX.
- Watts, R. E., & **La Guardia, A. C.** (December, 2013). *Integrative techniques for effective brief counseling: Working in the schools*. 6-hour invited workshop presented at Region 5, Beaumont, TX.
- La Guardia, A. C.** & Sullivan, J. (November, 2013). *Conceptualization and treatment of child and adolescent non-suicidal self-injury*. Three-hour workshop presented at the Texas Counseling Association conference, San Antonio, TX.
- Watts, R. E., & **La Guardia, A. C.** (November, 2013). *Integrative intervention for effective brief counseling*. Pre-conference workshop presented at the Texas Counseling Association conference, San Antonio, TX.
- Watts, R. E., & **La Guardia, A. C.** (November, 2013). *Reflecting as if: Brief, encouragement-focused counseling process*. Presented at the Texas Counseling Association conference, San Antonio, TX.
- McLean, L.*, & **La Guardia, A. C.** (November, 2013). *Moving toward a theoretical model for change: The outlook of body image in women and girls*. Presented at the Texas Counseling Association conference, San Antonio, TX.
- La Guardia, A. C.** (May, 2013). *Non-suicidal self-injury: Conceptualization, assessment, and ethical treatment of children and young adults*. Three-hour invited workshop presented for the Permian Basin Counseling Association, Midland, TX.
- La Guardia, A. C.** (April, 2013). *Adolescents: Response to abuse and neglect*. Presented for the Court Appointed Special Advocates of Tri-County Mental Health Services, Huntsville, TX.
- La Guardia, A. C.** (April, 2013). *Facilitating prevention groups: Processing issues related to parenting and abuse*. Three-hour invited workshop presented at Montgomery County Youth Services, Conroe, TX.
- Sullivan, J., & **Healey, A. C.** (November, 2012). *How do I become a counselor? Issues of professional identity development in supervision*. Content session to be presented at the Texas Association for Counselor Education and Supervision in Austin, TX.
- Healey, A. C.**, & Watts, R. E. (November, 2011). *Becoming a social justice advocate: Developing social interest through Adlerian principles*. Presented at the Texas Counseling Association annual conference in Fort Worth, TX.
- Healey, A. C.**, & Sullivan, J. (November, 2011). *Adolescent self-injury: Conceptualization, assessment and ethical treatment*. Presented at the Texas Counseling Association annual conference in Fort Worth, TX.
- Healey, A. C.** (April, 2011). *Assessment and treatment of self-injury: Working with children, adolescents, and their families*. CSI Beta Kappa Tau sponsored 6-hour workshop presented at Sam Houston State University.
- Healey, A. C.** (February, 2010). *Adolescent self-injury: Assessment and treatment*. Presented at Smokey Mountain Counseling Association conference in Jefferson City, TN.
- Healey, A. C.** (February, 2009). *Influence of group process on multicultural and professional identity development of counseling graduate students and faculty involved in an international study abroad workshop*. Presented at the 7th Annual Graduate Research Conference in Norfolk, VA.
- Healey, A. C.** & Byrd, R. (November, 2008). *Self-injury: Adolescent issues and clinical interventions*. Presented at the VCA conference in Roanoke, VA.
- Healey, A. C.** & Byrd, R. (April, 2008). *Tomorrow's child: A focus on possible interventions and treatment for students who self harm*. Presented at the VSCA annual conference in Newport News, VA.
- Remley, T.P., Campbell, J., **Healey, A. C.**, Green, R., Emelianchik, K., & Smith, B. (November, 2007). *Counseling record headaches*. Presented at Virginia Counseling Association Conference in Portsmouth, VA.
- Healey, A. C.** (April 2007). *Community agencies in the schools: Managing their influence*. Presented at Watauga Counseling Association conference in Johnson City, TN.
- Robertson, P.E. & **Healey, A. C.** (October, 2006). *More on self-harm: Understanding and intervening*. Presented at Tennessee Counseling Association conference in Chattanooga, TN.
- Healey, A. C.** (October, 2006). *Community agencies in the schools: Managing their influence*. Presented at Tennessee Counseling Association conference in Chattanooga, TN.

Thesis and Dissertation Service

Role	Title	Year
Co-Chair	"Spiritual well-being and perceived stress among evangelical Christian women," Monica Poloyni, Co-chair Richard Watts.	2012
Chair	"Professional development of secondary school counselors: Self-efficacy on teen dating violence," Tiffany Simon.	2014
Chair	"Breaking the culture of silence in the sisterhood: Using bystander intervention," Stephanie Bluth.	2014
Chair	"Fear of breast cancer reoccurrence, resilience, and age as predictors of posttraumatic growth in breast cancer survivors," Maria Teixeira da Silva.	2015
Chair	"The relationship between body shame, sexual, relationship, and life satisfaction in women," Lauren McLean.	2015
Co-Chair	"Adlerian neuro-counseling intervention for test anxiety: A single-case design," Gina Wilson. Co-chair Richard Watts.	2016
Chair	"Postmodern Collaborative Language System (CLS) therapy: A single-case outcome study," Yu Victoria Liu.	2016
Chair	"A Single-Case Analysis of MBCT-C: Effects on Family Environment and Emotional Regulation for Children with Bipolar Parents," Kaitlyn Bruns, Master's Thesis.	2018
Chair	"Professional identity, burnout, and gender normative beliefs," Ashley Ackerman.	Current
Chair	"Disability bias and cultural humility in mental health counseling," Jessica Guess.	Current
Methodologist	"A mixed-methods study of school counseling program evaluation practices," Jennifer Aucoin, Co-chaired by Judy Nelson and Mary Nichter.	2013
Methodologist	"Analysis of the relationship between school administrator and counselor roles in low performing districts," Brenda Fore. Chaired by Judy Nelson.	2014
Methodologist	"Aligning Hispanic school counselor roles with administrator perceptions," Jana Mc Lain. Chaired by Judy Nelson.	2014
Chair/Reader	"Female division I athletes: Phenomenological exploration of experiences with pregnancy," Candice Williams. Chair transition to reader following proposal due to institutional change.	2017
Chair/Reader	"Understanding the perspectives of spouses of African-American doctoral students," Angela Jones.	2017
Reader	"The faith development of conservative Christian parents following disclosure of a child's gay/lesbian identity," Shannon Williams. Chaired by Rick Bruhn.	2015
	<ul style="list-style-type: none"> • MMIRA/MAXQDA 2018 Dissertation Award 	
Reader	"Religiosity as a moderator for the relationship between personality traits and suicidality for lesbian, gay, and bisexual individuals," Caroline Stroud. Chaired by Robert Cramer.	2014
Reader	"Personality and coping as mediators regarding mental health outcomes for lesbian, gay, and bisexual persons who have experienced victimization," Jennifer Johnson. Chaired by Robert Cramer.	2014

School, College, and University Service

2017 – Present	<i>Member</i> , Mental Health and Suicide Prevention Taskforce, University of Cincinnati
2018 – 2019	<i>Member</i> , Research and Development Professional Practices Board, CECH, University of Cincinnati
2017 – 2018	<i>Chair</i> , Research and Development Professional Practices Board, CECH, University of Cincinnati
2017 – Present	<i>Member</i> , BPiR Advisory Group, School of Human Services, University of Cincinnati
2016 – Present	<i>Primary Advisor</i> , Upsilon Chi Chi Chapter, Chi Sigma Iota International, University of Cincinnati
2016 – Present	<i>Coordinator</i> , Mental Health Counseling Program, School of Human Services, University of Cincinnati
2016 – Present	<i>Chair</i> , Counseling Program Curriculum Committee, University of Cincinnati
2014 – 2016	<i>Assessment Coordinator</i> , SHSU Department of Counselor Education
2013 – 2016	<i>Member</i> , The Woodlands Center Faculty University Advisory Committee, SHSU
2011 – 2016	<i>Faculty Co-Advisor</i> , Beta Kappa Tau Chapter, Chi Sigma Iota International
2015 – 2016	<i>Member</i> , Department of Counselor Education Website Committee, SHSU
2014 – 2016	<i>Chair</i> , Curriculum Committee, SHSU Department of Counselor Education
2010 – 2011	<i>Member</i> , Curriculum Committee, SHSU Educational Leadership and Counseling Department
2014 – 2016	<i>Member</i> , Curriculum Committee, SHSU College of Education
2014 – 2016	<i>Chair</i> , Curriculum Committee, SHSU Department of Counselor Education
2011 – 2016	<i>Meeting Recorder</i> , SHSU Department of Counselor Education

2011 – 2016	<i>Co-Advisor, Graduate Research Team, SHSU Department of Counselor Education</i>
2011 – 2014	<i>Member, Scholarship Committee, SHSU College of Education</i>
2015 – 2016	<i>Chair, SHSU Department of Counselor Education Grievance Policy Review Committee</i>
2012 – 2014	<i>Member, College of Education Educator the Year Award Selection Committee, SHSU</i>
2014 – 2015	<i>Member, College of Education Tenure and Promotion Review Committee, SHSU</i>
2011 – 2012	<i>Member, College of Education Scholarship Committee, SHSU</i>
2011 – 2014	<i>Coordinator, Master's Counseling Student Candidacy Process, SHSU</i>

Professional Service

2019 – 2020	<i>President, Chi Sigma Iota International</i>
2018 – 2019	<i>President-Elect, Chi Sigma Iota International</i>
2017 – 2018	<i>Member, OCA Distance Learning Taskforce</i>
2016 – 2017	<i>Member, NASAP Research Taskforce</i>
2015 – 2019	<i>Fellow Mentor, Chi Sigma Iota International</i>
2014 – 2016	<i>Secretary, Chi Sigma Iota International</i>
2014 – 2016	<i>Chair, CSI Publications Committee</i>
2013 – 2015	<i>Member-at-Large Awards, Association for Assessment and Research in Counseling</i>
2012 – 2013	<i>Secretary, Southern Association for Counselor Education and Supervision</i>
2011 – 2014	<i>Chair, CSI Awards Committee</i>
2010 – 2013	<i>Member, Publications Committee, American Counseling Association</i>
2011	<i>Grant Proposal Reviewer, Southern Association for Counselor Education and Supervision</i>
2011	<i>CSI Poster Proposal Reviewer, Chi Sigma Iota International ACA Conference Sessions</i>
2011	<i>Proposal Reviewer, American Counseling Association National Conference</i>
2010 – 2011	<i>Member, Advocacy and Public Policy Committee, Texas Counseling Association</i>
2010 – 2011	<i>Member, CSJ New Orleans Service Project Task Force</i>
2010 – 2011	<i>Co-Chair, CSI Awards Committee</i>
2009 & 2011	<i>Proposal Reviewer, Association for Counselor Education and Supervision National Conference</i>
2009 – 2010	<i>Student Representative, Publications Committee, American Counseling Association</i>
2009 – 2010	<i>Committee Member, CSI Awards Committee</i>
2009	<i>Assistant Conference Coordinator, AACE Annual Conference (ACA division)</i>
2009	<i>Research Team Member, Healthy Relationships Project</i>
2008 – 2009	<i>Board Member, Preparing Future Faculty Steering Committee at Old Dominion</i>
2008 – 2010	<i>Committee Member, CSJ Membership Committee (ACA division)</i>
2008 – 2009	<i>President, Chi Sigma Iota, Omega Delta Chapter</i>
2008 – 2009	<i>Accreditation Assistant, graduate program CACREP standards Ph.D. application & compliance</i>
2008	<i>Research Team Member, Dissertation on Heterosexual Identity Development</i>
2008	<i>Paid Statistician, Retirement Lifestyle Inventory Statistical Analysis</i>
2007 – 2014	<i>Board Member, East Tennessee State Counseling Program Advisory Committee</i>
2007 – 2008	<i>President-Elect, Chi Sigma Iota, Omega Delta Chapter</i>
2007 – 2008	<i>Chair of Fund Raising Committee, Chi Sigma Iota, Omega Delta Chapter</i>
2007 – 2008	<i>Graduate Admissions Assistant, Old Dominion University</i>
2004 – 2005	<i>Graduate Research Assistant, ETSU Health and Nursing Department</i>

Volunteer Experience

2017 – Present	<i>Mental Health Responder, American Red Cross, Hamilton County</i>
2010 – 2011	<i>Volunteer, Houston PFLAG</i>
2007 – 2009	<i>Counselor and Table Representative, Planned Parenthood, South East Virginia</i>
2008 – 2009	<i>Volunteer Coordinator and Member, Tennessee Equality Project, Tri-Cities Committee</i>
2008 – 2009	<i>Volunteer, Big Splash Professional Development Series</i>
Summer 2008	<i>Volunteer, Chi Sigma Iota, Omega Delta Rock n' Roll Marathon Event</i>
Fall 2007	<i>Volunteer, Chi Sigma Iota, Omega Delta Harbour Place Community Service</i>

Spring 2007	<i>Volunteer Group Facilitator, Safe Zone, East Tennessee State University</i>
2005 – 2007	<i>Treasurer, Covington Creak Condominium Home Owners Association, Tennessee</i>
Winter 2006	<i>Local Fundraising Coordinator, Planned Parenthood v. South Dakota, East Tennessee</i>
Spring 2005	<i>Volunteer, Tennessee Equality Project, Pride Rally 2005, East Tennessee State University</i>

Professional Memberships and Special Interests Organizations

2006 – Present	American Counseling Association (ACA)
	- Association for Counselor Education and Supervision (ACES) / (SACES)
	- Association for Assessment and Research in Counseling (AARC)
	- Association for Specialists in Group Work (ASGW)
	- International Association of Marriage and Family Counselors (IAMFC)
2016 – Present	Ohio Counseling Association (state division of ACA)
2005 – 2007	Tennessee Counseling Association (state division of ACA)
2007 – 2009	Virginia Counseling Association (state division of ACA)
2010 – 2016	Texas Counseling Association (state division of ACA)
2007 – Present	Chi Sigma Iota (CSI)
2015 – Present	International Society for the Study of Self-Injury (ISSS)
2006 – Present	Association for Women in Psychology (AWP)
2005 – Present	North American Society of Adlerian Psychology (NASAP)
2008 – Present	American Association of University Women (AAUW)
2006 – Present	National Organization for Women (NOW)
2005 – Present	Equality Project/National Gay and Lesbian Task Force
2002 – Present	Planned Parenthood & MENSA

Continuing Education

Conferences

American Counseling Association	- 2013 (Cincinnati, OH)
- 2018 (Atlanta, GA)	- 2012 (San Francisco, CA)
- 2017 (San Francisco, CA)	- 2011 (New Orleans, LA)
- 2016 (Montreal, Canada)	- 2010 (Pittsburgh, PA)
- 2015 (Orlando, FL)	- 2009 (Charlotte, NC)
North American Society of Adlerian Psychology	- 2012 (Atlanta, GA)
- 2018 (Toronto, Canada)	- 2010 (Minneapolis, Minnesota)
- 2016 (Minneapolis, MN)	- 2008 (Hershey, Pennsylvania)
- 2015 (Philadelphia, PA)	- 2007 (Vancouver, Canada)
- 2013 (San Diego, CA)	- 2006 (Chicago, Illinois)
Southern Association for Counselor Education and Supervision	- 2010 (Williamsburg, VA)
- 2018 (Myrtle Beach, SC)	- 2012 (Savannah, GA)
- 2016 (New Orleans, LA)	- 2008 (Houston, TX)
Association for Counselor Education and Supervision (ACES)	- 2011 (Nashville, TN)
- 2017 (Chicago, IL)	- 2009 (San Diego, California)
- 2015 (Philadelphia, PA)	- 2007 (Columbus, Ohio)
- 2013 (Denver, CO)	
Association for Assessment in Counseling and Education	- 2011 (Ft. Worth, TX)
- 2018 (Richmond, VA)	- 2010 (Memphis, TN)
- 2017 (Phoenix, AZ)	- 2009 (Norfolk, VA)
- 2015 (Memphis, TN)	- 2008 (Dallas, TX)
- 2014 (Quad-Cities, IL)	- 2007 (Atlanta, GA)
- 2013 (Houston, TX)	
Texas Counseling Association	Virginia Counseling Association
- 2013 (San Antonio, TX)	- 2008 (Roanoke, VA)
- 2012 (Galveston, TX)	- 2007 (Portsmouth, VA)
- 2011 (Ft. Worth, TX)	Virginia School Counseling Association
- 2010 (Austin, TX)	- 2008 (Newport News, VA)
Ohio Counseling Association (All Ohio)	North Central ACES Conference
- 2018, 2017 (Columbus, OH)	- 2018 (Cleveland, OH)

NBCC International Bilateral Counseling Conference

- 2008 (Florence, Italy)

Tennessee Counseling Association

- 2006 (Chattanooga, Tennessee)

Evolution of Psychotherapy Conference

- 2005 (Anaheim, California)

American Public Health Association

- 2017 (Denver, CO)

Tennessee Association for Marriage and Family Therapy

- 2005 (Knoxville, Tennessee)

American Association of Suicidology

- 2018 (Washington, D.C.)

Workshops, Institutes, & Training

CAMS 3-hour Online Training and CAMS 8-hour Role-Play Training, 2018 (Cincinnati, OH)

T3 Interprofessional Education Training-the-Trainer, 2018 (Seattle, WA)

Youth Mental Health First Aid, Training-the-Trainer, 2017 (Washington, DC)

SBIRT Adult Training and Training-the-Trainer, 2017 (Cincinnati, OH)

Disaster Mental Health Responder Training, American Red Cross, 2017 (San Francisco, CA)

CACREP Self-Study Training, 2015 (Philadelphia, PA)

Prepare/ENRICH Couples Assessment Training, 2013 (Sam Houston State University, TX) [One Day]

Emerging Leader Program, 2012-2013 (North American Society for Adlerian Psychology) [Two Year Program]

Advanced Group Training with Drs. Gerald Corey and Jim Bitter, 2009 (Johnson City, TN) [One Week]

Big Splash Workshops, 2008 – 2009 (Norfolk, VA) [One Day Workshops]

- Advanced Multicultural Counseling with Dr. Courtland Lee
- Legal and Ethical Issues in Counseling and Social Work with Dr. Ted Remley, Jr.
- Gender Issues in Counseling with Dr. Mary Hermann
- Wellness with Drs. Jane Myers and Tom Sweeney

SACES Emerging Leadership Workshop, 2008 (Houston, TX) [One Day]

A Counselor's View of Italy Summer Workshop Series, 2008 (Tuscany, Italy) [Two Weeks]

W.I.L.D. Women's Leadership Workshop at Old Dominion University, 2008 (Norfolk, VA) [One-Day]

E.M.D.R. Audited Lectures and Training at East Tennessee State, 2006 (Johnson City, TN) [12 Three-Hour Classes]

International Adlerian Summer Institute (ICASSI), 2005 (Marsaskala, Malta) [Two Weeks]

7-Challenges Substance Abuse Adolescent Group Facilitator Training, 2006

Adolescent SASSI-III Administration and Interpretation Training, 2006